

The Norse News

Home of
the
North
Muskegon
Norsemen!



September 12, 2014 ISSUE 2

Norse Singers at the Frauenthal

The Norse Singers were invited to be the feature choir with the West Michigan Symphony this holiday season. This is huge honor and an opportunity for our students to share their talent on the Frauenthal Stage. This means the HS choir will have dress rehearsal with the symphony on the evening of Dec 11 and a performance the evening of Dec 12. Tickets for this concert can be purchased through the symphony- www.westmichigansyphony.org - or by calling the symphony ticket office- Call [231.726.3231](tel:231.726.3231) x223

Purchasing tickets for this event may not be feasible for everyone and that holiday season can be an expensive time of year, especially with children. So, after discussion with administration, we have decided to have 2 holiday concerts (6pm and 7:30pm) at NM (as we have in the past) with 6th choir, Junior Norse Singers, Harmonics, and Norse Singers. This is a change to the current calendar, but we feel it is in the best interest for our parents and students. The choirs work hard each day and enjoy sharing their talents with you. Thank you for your flexibility and for sharing your concerns so we could plan ahead for a wonderful holiday season filled with music from your very own NM Choirs!

**PART TIME BUS
DRIVER NEEDED!**

Please contact Michell
Liegeois at 719-4145 if
interested.



UR important
September is suicide prevention month
Reach Out Speak up Know the signs

Wednesday, Sept. 17th, 6pm-7:30pm, 380 W. Western, Muskegon, Mi

Suicide Awareness and Remembrance Walk
In remembrance of those we have lost and to help stop this tragedy from happening to any others

Info on the web at "urimportant.eventbrite.com" or email michael.pyne@muskegoncmh.org



Please join us for our first official MS/HS PTO Meeting!

Thursday, October 2, 2014

7:00PM

MS/HS LIBRARY

Please contact Mrs. Belmonte at mbelmonte@nmpps.net with questions.

Parents and Community Members,

North Muskegon Public Schools is looking for people who would be willing to serve on the Sex Education Advisory Board for the upcoming school year. The role of the advisory board is to establish program goals and objectives for pupils knowledge and skills, review materials and evaluate our program. This is not new to the district, we need to replace members who have stepped down from the board. If interested contact the Superintendents Office by calling 719-4100.

THE OUTDOOR CLASSROOM



Would you like to be a part of developing the outdoor classroom in the Norse Preserve? If so, please come to Ms. Knuth's classroom (room 202) Monday, September 15 at 6:00pm for a council formation meeting. The goal of the meeting is to find out who is interested in helping to plan in the development of the land between Bear Lake and the playground for K-12 classroom use and to form a community council that will oversee the development and maintenance of the Norse Nature Preserve for North Muskegon Public School students' outdoor learning experiences. Please spread the word and plan to attend.

ATHLETIC PASSES FOR SALE IN THE FRONT OFFICE

\$40.00 Student

\$50.00 Adult

\$200.00 Family



WHERE IS THE COUNSELOR'S CORNER?

<http://norsecounselor.weebly.com>

Family Dinner Month- September

National Family Day is designed to celebrate the positive impact parents can have in preventing their children from engaging in substance use and other risky behavior. Research shows children with parents who are 'hands-on' and involved in their day to day activities and lives are far less likely to smoke, drink or use other drugs. One study specifically demonstrates the power of Family Dinners; compared to teens who have frequent family dinners (five to seven per week), those who have infrequent family dinners (fewer than three per week) are almost four times likelier to use tobacco, more than twice as likely to use alcohol, two-and-a-half times likelier to use marijuana, and almost four times likelier to say they expect to try drugs in the future. The Importance of Family Dinners VII, a report from The National Center on Addiction and Substance Abuse at Columbia University (CASA Columbia). Start the habit early, the earlier in your child's life you start family meals the more impact it will have. Talk Early. Talk Often.

To encourage families to have dinner together, several coalitions and family focused agencies have teamed up to partner with local restaurants to celebrate National Family Day and promote family dinners throughout the month of September 2014. Families with children under 18 years of age can visit participating restaurants to receive a discount and a free reusable tote with resources to assist parents in having meaningful discussions with their children.



The North Muskegon Athletic Boosters would like to invite you to participate in an awesome opportunity to support North Muskegon's student athletes – the **NORSE VICTORY CLUB**.

With today's very tight school budgets, the Booster Club's support of our athletic teams is more critical than ever. Through the generous support of our community, the Boosters have assisted NM student athletes in many ways, such as new uniforms, funding athletic trainers, concussion testing software, tournament travel expenses and purchasing the latest safety equipment --just to name a few.

The **NORSE VICTORY CLUB** (formerly the 300 Club) is a great way for parents, community members, and alumni to support North Muskegon athletics and receive some fun rewards at the same time. Remember, the more members we have, the more we can support the student athletes – so **PASS THE WORD!**

Membership is \$50.00 per year and includes:

- Choice of Special Logoed Membership Gift – Dri-Fit Shirt, Personal Cooler, or Hot/Cold Travel Cup
- Official "Victory Club" Window Decal
- Chance to Win \$100 each Month (September through May)
- Recognition in the NM Fall Sports Program
- Pride in Supporting the Great Tradition of Norsemen Athletics!

Please send in your membership fee today and join us in this great opportunity to support our athletes!!

Detach here

Name _____ Email Address _____

(Email will be our preferred method of communication in the future.)

Street _____ Phone # _____

City/Zip _____

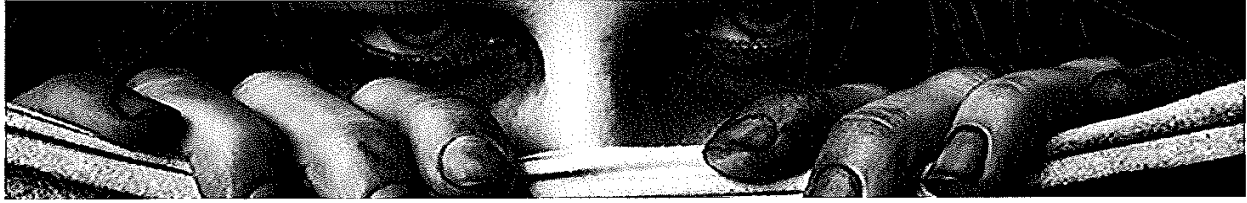
Gift Choice (circle one): Hot/Cold Travel Cup Soft-sided Personal Cooler Dri Fit S/S T-Shirt SM MD LG XL 2XL

(Check) If you'd like to donate without a gift _____

Please make checks payable to North Muskegon Athletic Booster Club (NMABC)

Membership forms and payment can be mailed or dropped off:

c/o Becky Fairfield
813 Moulton Ave
N Muskegon, MI 49445



2014 Knowsmoke Zombie Walk

Calling all the Zombies

Join us to promote a **Smoke-Free Generation!**

When: Saturday October 25, 2014

Check In: LC Walker Annex, 955 Fourth St., Muskegon, MI 49440

Event Schedule: 11:00 a.m. Check-in

12:30 p.m. Start Walk

1:00 p.m. - 3:00 p.m. Knowsmoke Activities at the Farmer's Market

Come Dressed as a **ZOMBIE** and Enter to Win Prize \$
First 100 Students to register will get a T-Shirt!

To **REGISTER** go to <http://2014knowsmokezombiewalk.eventbrite.com> or **SCAN** the QR code below

Have questions contact Cyndi Powers at 231-672-3211



Activities will include:

Knowsmoke Family Fun Family Activities

Prize Money for the Worst-Dressed Zombie

Free Healthy Snacks and Recipes provided by The Eat Healthy Muskegon Food Cart

Music and Entertainment by DJ Wingman from 105.3 HOT FM-GR's Hottest Hits

knowsmoke
Muskegon County Tobacco Reduction Coalition

North Muskegon Middle/High School

1507 Mills Avenue
North Muskegon, MI 49445

Phone: 231-719-4110
Fax: 231-719-4137
Email: belmonmc@nmps.k12.mi.us



We are on the web!

www.nmps.k12.mi.us

Tradition of Excellence

The beautiful community of North Muskegon has a long tradition of providing excellent education for its children. The belief that education is the major foundation for the future strength of our country and the cornerstone for individual success is the basis for our pursuit of academic excellence.

IMPORTANT DATES!



- October 13th - 17th - Homecoming Week
- September 3rd - 9th - Drop/Add
- December 17th - 19th - 1st Term Exams
- December 23rd - January 4th - Holiday Break
- February 13th - 16th - Mid-Winter Break
- February 25th - 26th - Winter Conferences
- April 3rd - 10th - Spring Break
- April 22nd - 24th - Winter Term Exams
- May 22nd - Graduation
- June 2nd - 4th - Spring Term Exams